

St. Rita

Feast Day: May 22nd.

Catholics around the world honor her on this day with Masses, prayers, novenas, and blessings of roses.

St. Rita of Cascia is one of the most loved saints in the Catholic Church and is known as the “Saint of Impossible Causes.” She is the patron saint of difficult situations, troubled marriages, and hopeless cases. Her life teaches us about patience, forgiveness, and trust in God.

St. Rita was born in Italy around the year 1381. As a young girl, she wished to become a nun, but her parents arranged for her to be married. Her husband was often angry and difficult, yet Rita remained faithful, kind, and prayerful. Through her love and patience, her husband eventually changed and became a better man.

After the death of her husband and sons, Rita entered the Augustinian convent in Cascia. She lived a holy life filled with prayer, sacrifice, and service to others. St. Rita had a deep devotion to Jesus and His suffering on the cross. During prayer, she received a wound on her forehead from a thorn of Christ’s crown, which became a special sign of her holiness.

St. Rita is also connected with roses. Before her death, she asked for a rose from her family garden even though it was winter. Miraculously, a blooming rose was found. Because of this, roses are often blessed on her feast day.

St. Rita died in 1457, but her example of faith and perseverance continues to inspire millions of people today. She reminds us that with God, no situation is hopeless, and that forgiveness and love can overcome even the greatest difficulties.



Saint of the Impossible.

- A rose bloomed for her in winter.
- She wanted to be a nun from a young age.
- She received a special wound from a thorn.
- Bees were connected to her life.
- St. Rita forgave her husband’s enemies.
- Her body remains preserved today in the Basilica of St. Rita in Cascia, Italy.