

# Prayer to Saint Agnes

O glorious Saint Agnes,  
pure and courageous virgin and martyr of Christ,  
you who remained faithful to the Lord even unto death,  
I humbly turn to you in prayer.

By your steadfast love for Jesus  
and your heroic witness to chastity, faith, and courage,  
intercede for me before the throne of God.  
Help me to remain faithful in times of trial,  
to choose virtue over compromise,  
and to love Christ with an undivided heart.

Saint Agnes, patroness of purity and young people,  
guard my heart and mind against all  
that leads me away from God.  
Strengthen me to live a life of holiness,  
rooted in prayer, humility, and charity.

Obtain for me the grace I seek  
according to God's holy will  
(*mention your intention here*).



May I, like you, one day rejoice in eternal glory,  
praising the Father, the Son, and the Holy Spirit forever.

Amen.