

Prayer to the Holy Spirit

Holy Spirit of light and love,
you are the substantial love of the Father and the Son;
hear my prayer.

Bounteous bestower of most precious gifts,
grant me a strong and living faith
which makes me accept all revealed truths
and shape my conduct in accord with them.

Give me a most confident hope in all divine promises
which prompts me to abandon myself
unreservedly to you and your guidance.

Infuse into me a love of perfect goodwill,
and act according to God's least desires.

Make me love not only my friends but my enemies as well,
in imitation of Jesus Christ
who through you offered himself on the Cross for all people.
Holy Spirit, animate, inspire, and guide me,
and help me to be always a true follower of you.

Amen.