



Memorare

Remember,
most loving *Virgin Mary*,
never was it heard
that anyone who turned to you for help was left unaided.
Inspired by this confidence,
though burdened by my sins,
I run to you for protection for you are my mother.

OR

Remember,
O most gracious *Virgin Mary*,
that never was it known that any one who fled to thy protection,
implored thy help or sought thy intercession,
was left unaided.
Inspired with this confidence,
I fly unto thee,
O *Virgin of virgins* my Mother;
to thee do I come,
before thee I stand,
sinful and sorrowful;
O Mother of thy Word Incarnate,
despise not my petitions,
but in thy clemency hear and answer me.
Amen.